### I HAVE A COMPLETE VACCINATION SCHEDULE*

**I isolate myself 7 full days**
- from my first symptoms,
- or test date if I have no symptoms.

I can do an antigen test (TAG or PCR) on the **5th day**
- if the test is **negative** and I have not had symptoms for 48 hours,
- I can stop my isolation,
- if the test is **positive** or I have not tested, I must continue my isolation until the **7th day** after the date of onset of symptoms or the date of collection of the positive test if I don’t have symptoms.
- There is no need for a new test at 7th day.

In case of fever, it is necessary to wait more 48 hours after the symptoms disappear to get out isolated.
You have to use a mask during 7 days after the end of the isolation.

### I AM INFECTED

**I isolate myself 10 full days**
- from my first symptoms,
- or test date if I have no symptoms

I can do a test (PCR or TAG) on the **7th day**
- if the test is **negative** and I have not had symptoms for 48 hours,
- I can stop my isolation
- if the test is **positive**, or in the absence of this test, isolation is **10 days**
- It is not necessary to perform a new test at 10th day

### I AM CONTACT CASE **

**VACCINATED OR NOT VACCINATED**

If you have been infected with COVID for less than 2 months, you are immune.
- It’s essential to respect barrier actions
  - Wearing a mask

*Pass Sanitaire valided = 2 injections + recall if the last injection was more than 4 month OR COVID infection less than 4 months old

** I am « contact case » if I have been in the presence of a person tested positive without respect for barrier gestures within 48 hours before his symptoms or his test, if the person is asymptomatic

- If you are part of one of these situations, please report on the dedicated online form on the Nantes University website.
- If you have any questions, please contact the Cellule Tracing Covid de Nantes Université **02 40 37 10 97 or 02 40 37 10 98.**